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## Preparation for your **CT Scan** (Office number 454-1942 Ex.5135)

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A "Cat Scan", also known as a "CT Scan", is a radiology exam that uses special computerized x-ray equipment that creates detailed images.

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Women of child bearing age will be questioned about possible pregnancy.

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### **Day of the Test:**

You may take necessary medications with water.

Before your examination, a CT technologist will explain the procedure to you and answer any questions you might have.

Wear comfortable clothing w/o metal clips or zippers. Sports bras recommended.

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### **During the Examination:**

- Most CT Scans are very quick with the examination completed in a few minutes.
  - You may be asked to remove personal accessories, such as eyeglasses, dentures, hair accessories, jewelry, etc, as those items can interfere with scan.
  - Once in the scan room, the CT technologist will position you on the table.
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### **Type of Exams:**

#### **CT Scan Preparation Without IV or Oral Contrast:**

- No Prep needed for this exam

#### **CT Scan Preparation With IV Contrast:**

- Do not eat or drink anything 4 hours prior to the exam
- An IV Contrast agent will be injected into a vein. The contrast agent helps visualize tissues in the area being studied
- IV Contrast may briefly make you feel nauseous, warm, and/or experience a metallic taste in your mouth.
- If you begin to itch, feel short of breath, or are otherwise uncomfortable, let the technologist know immediately.

#### **CT Scan Preparation With Oral Contrast:**

- You must start drinking 1 and a ½ bottles of Oral Contrast **1hour prior** to appointment. Remaining ½ bring with you for the scan.
- Do not eat or drink anything 4 hours prior to the exam.
- You may take necessary medications with sips of water.